A black background with blue text and a yellow letter t

Description automatically generated

Strategies for Upskilling

This is a great time to consider what resources you have available to you to continue to grow your skills and make yourself a competitive candidate. Consider the following:

* Review the job descriptions in the ES&P archives. Which jobs did you really want, but didn’t yet have the technical skills needed to be a competitive candidate? Are there opportunities for you to grow those technical skills now through some online training or other remote method?
* Utilizing the [ONET Online website](https://www.onetonline.org/), begin to research the specifics of various jobs within your desired field. On ONET, start with “Occupation Quick Search” in upper right and enter a simple search term, like “film,” “biology,” or “mobile apps.” The search will bring up a list of possible jobs. Click on the job titles to read what skills and abilities are needed in this job. What are ways that you can grow your skills now?
* [**20 Best Free Online Certifications & Courses for 2020**](https://digitaldefynd.com/best-free-certification-course-training-online/#15_Free_Online_Courses_Khan_Academy)
* Rasmussen College is offering online professional certificates through July at no cost. Advance your skills from home for free. Click [here](https://erasmussen.com/?utm_medium=social&utm_source=twitter&utm_campaign=eras_q2_2020&utm_content=post1&utm_term=loyalty).
* Utilize Big Interview to improve your interviewing skills: <https://drexel.biginterview.com/login>
* Utilize the Drexel Library Guides to learn more about your field: <http://libguides.library.drexel.edu/libraryguides>
* Utilize the Drexel Library to begin doing literature review on an area of interest and writing a White Paper or report based upon your research
  + BONUS: Publish your work on LinkedIN to start growing your brand
* Join a professional association in your field to network, gain access to career and professional development and other information that can help build your skills: <http://libguides.library.drexel.edu/c.php?g=777108&p=6466326>
* **Software engineering/web development:** [The Odin Project.](https://www.theodinproject.com/) It is 100% free from start to finish.
* JobScan has a list of [5 Certifications You Can Add to Your Resume (for Free!)](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.jobscan.co%2Fblog%2F5-certifications-add-resume-free%2F&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732966207&sdata=Lb79AviMIZK6m77pPym6lpjLgWW8I1KfLFO%2FoU%2BHQxk%3D&reserved=0)
* TheMuse (a fantastic resource for all things job- and career-related) has a list of [41 Classes You Can Take Right Now to Advance Your Career (and they’re free!)](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.themuse.com%2Fadvice%2F43-classes-you-can-take-right-now-to-advance-your-career-and-theyre-free&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732966207&sdata=oVFWB9VVCtsED05K9MfB4rwIwzHUkPy5Fr0wVlCXQDk%3D&reserved=0)
* [Coursera](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.coursera.org%2F&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732976198&sdata=5XvFsofkD%2BX8s5GFNkJwhfFaGnFvgb%2Ftij1s6nz%2FA8w%3D&reserved=0) is a famous, free platform for all kinds of courses
  + Leadership, Excel, and many courses looking at the epidemiology of COVID-19, are just a few of the offerings on this site!
* Check out the Handshake Career Center Resource Hub: <https://hs.joinhandshake.com/universitycovidresources/>
* Attend Virtual Events on Handshake. These are opportunities to connect with employers and gain skills by attending free webinars: <https://drexel.joinhandshake.com/events>
* For LeBow students, there will be a webinar on April 8th about [Maximizing and Leveraging Your LinkedIn Profile](https://www.lebow.drexel.edu/search/events)
* Not free, but [Interesting Engineering](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fshop.interestingengineering.com%2Fcollections%2Fskills-to-learn-to-get-a-raise&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732986194&sdata=aH0RGjeWxrK1ZDrfd2IcYv7AM3Zqn9JFcpbCF1kU25E%3D&reserved=0) has some low-cost Excel courses (and many other low-cost courses!) [Udemy](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.udemy.com%2F&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732986194&sdata=%2FWvo%2BkYYWZdJc%2FYYOzA%2BvgDNEuamCmWHxRymIkZAQe8%3D&reserved=0) is also a low-cost resource for fantastic upskilling courses!
* LinkedIn has a lot of great courses:
  + [Leading Virtual Meetings](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fleading-virtual-meetings%2Fwelcome-to-better-virtual-meetings%3Fu%3D57690273&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732996190&sdata=1TSMHfYGQ2heAJ4JRQJgNtjMo2Dl4RITjph2KdL2ZHE%3D&reserved=0)
  + [Digital Body Language](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fdigital-body-language%2Fthe-empathy-deficit%3Fu%3D57690273&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732996190&sdata=gugy2TyurT7Eo8f9fGbL1OA8FLN3ssfIDN4RyfFixZI%3D&reserved=0)
  + [Effective Virtual Presentations](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Frunning-a-design-business-presentation-skills%2Feffective-virtual-presentations%3Fu%3D57690273&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576733006187&sdata=yNGnymIqG7LJe%2FVHPQQifLxanDLjt5JItDJmW%2B1vNPk%3D&reserved=0)
  + [Virtual Networking for Job Interviews](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.linkedin.com%2Flearning%2Fpreparing-to-interview-for-a-creative-role%2Fvirtual-networking-for-job-interviews%3Fu%3D57690273&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576733006187&sdata=RW3LCVT4HiIFP5c0sFS%2BBJYSKQdbjuqKoJolV76VfPg%3D&reserved=0)

Using this time of isolation to focus on your physical and mental health is primary, and it’s a great time to focus on building healthy habits.

* Yale’s famous course on [**The Science of Wellbeing**](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.coursera.org%2Flearn%2Fthe-science-of-well-being&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732926226&sdata=YFqI4Tgkbg%2B1yvR0UGIzzdGZnX1hpQkWde2YTjGSFC0%3D&reserved=0) is free on Coursera!
* [CNN has a great list](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.cnn.com%2F2020%2F03%2F28%2Fus%2Ffree-ways-to-better-yourself-quarantine-wellness-trnd%2Findex.html&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732936228&sdata=XrGca%2FmYjAe18OBSSEdohbuxRgjNTrUHwqgOQf9vAWM%3D&reserved=0) of general free resources from cooking to reading to fitness!
* [Planet Fitness](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.usatoday.com%2Fstory%2Fmoney%2F2020%2F03%2F16%2Fplanet-fitness-offers-free-home-workout-classes-online%2F5062122002%2F&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732946215&sdata=gHJmpILOybELMoFQL%2BLgpghuokdfEfDLiz9daeae970%3D&reserved=0) is offering free online fitness classes
* Maybe try [yoga](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.doyogawithme.com%2F&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732946215&sdata=0CmAff2ptuqOoZ6gcK5ZVMd6enSAGtMqUrQjzlFINBg%3D&reserved=0)!
* Maybe you want to learn how to cook – now might be the time to try one of those [Tasty videos](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftasty.co%2F&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732956213&sdata=UNCEYreqY4LkdvJSQzEr7bmp%2FseVkJxvzFEJY8%2FKEA4%3D&reserved=0) you see online all the time.
* Or maybe you already know how to cook/bake and want to learn something specific: [Skillshare](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.skillshare.com%2Fbrowse%2Fcooking&data=02%7C01%7Cecg74%40drexel.edu%7C7b8ea1ad59db4ba3bcb608d7d5765dd3%7C3664e6fa47bd45a696708c4f080f8ca6%7C0%7C0%7C637212576732956213&sdata=IOpUgxzLso6CF4gKE8Mdkw5uRdJDCnIUBaEKQ1HkPjM%3D&reserved=0) is free and has tons of videos.